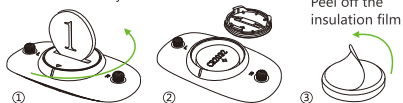


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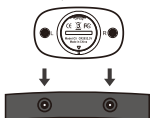
C5 Heart Rate Monitor

User instructions:

1. Rotate and open the battery cover as below instruction photo, remove the battery insulation sheet.



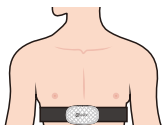
2. Snap the heart rate detector into the belt;



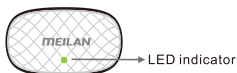
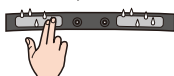
3. Adjust the belt tightness according to your bust;



4. Match well the heart rate monitor;



5. If your skin is dry, please apply appropriate amount of water to the electrodes on both ends to increase conductivity; Otherwise there may be no connection or data instability;



The device will be activated after properly match, the LED light will start to flash, then can connect the device with MEILAN bicycle computer or sports APP; if the device is not equipped and has not been connected for more than 10 seconds, it will enter the sleep state, need to be reactivated before use.

When the device is successfully connected by the bicycle computer or APP, the LED indicator will show steady light; light off after 20 seconds .

Please replace the new battery in below conditions:

1. The indicator no light
2. The device can't be searched
3. The heart rate value appears intermittent

Applications:



Body pump



Spinning class



Elliptical machine



Treadmill



Cycling



Running



Pilates



Team exercise

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